

WHAT IS BEHIND THE BEHAVIORS?

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5 Reminders

- **1. What's your end game?**
- * don't get stuck in a power struggle
- * you want calm, secure children- not soldiers
- **2. Understand the brain differences**
- * thought process, motivation, processing speed are all different
- **3. Let it go**
- * it's not personal and learning will not happen when emotions are high
- **4. Teach skills early and often**
- **5. Take a break**

Strengths

Rule followers

Can use reason to
some extent

Thrive on praise

Will act the way you
treat them- you get
what you give.

More likely to follow
a plan if they help
create it

Will reset themselves
after an incident if
allowed to do so

Care about others
but may not know
they hurt or
offended someone (
theory of mind)

Barriers to Success



Executive
Functioning
Disorder



Sensory
Processing
Disorder



Lack of and
inconsistent
impulse control



High reward drive



Slow processing
speed



Highly anxious
even at baseline

Executive Functioning Disorder

*Communication

*Processing speed

*Planning, adaptability,
organizing

How Big is My Problem?

5

Emergency

You definitely need help from a grownup (fire, someone is hurt and needs to go to the hospital, a car accident, danger).



4

Gigantic problem

You can change with a lot of help (getting lost, hitting, kicking, or punching a friend, throwing or breaking things, bullying).



3

Big problem

You can change with some help (someone is mean to you or takes something that is yours, a minor accident, needing help calming down).



2

Medium problem

You can change with a little help (feeling sick, tired, or hungry, someone bothering you, being afraid, needing help).



1

Little problem

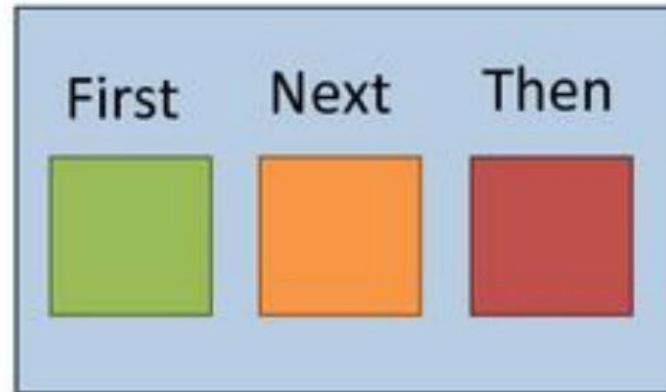
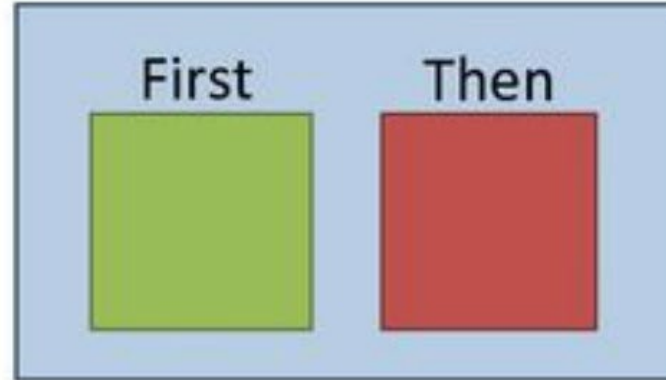
You can change with a little reminder (not being line leader, not winning a game, not taking turns, making a mess).



0

Glitch

You can fix yourself (changing clothes, cleaning up toys, forgetting favorite toy or blankie).



Sensory Processing Disorder

*Use the environment
to support success


*Physical and mental
discomfort

*Ability to
communicate needs

Theory of Mind

*How we see the world, relationships, all interactions

*Understanding the skill deficit and teaching through modeling



UNDERSTAND
HOW THE
BRAIN WORKS

DON'T
EXCUSE THE
BEHAVIOR-
EXPLAIN IT

What can we do about it?