

1

I put toothpaste on my toothbrush.

2

Next, I turn on the water.

3

Then I wet my toothbrush.

4

I brush my teeth by moving the toothbrush back and forth over my teeth.

5

Next, I spit the toothpaste into the sink.

6

I fill a cup with water.

7

I use the cup of water to rinse my mouth.

8

I turn off the water and dry my face.

9

I have clean teeth!