

	Revised 6/4/10	PWSA Member Price	Non Member Price	No. of Items	Total Cost
	<p style="text-align: center;"><b>Prader-Willi Syndrome Association (USA)</b>  <b>Publications and Products</b>  (800) 926-4797 * <a href="mailto:cbeles@pwsausa.org">cbeles@pwsausa.org</a> * <a href="http://www.pwsausa.org">www.pwsausa.org</a></p>				
	<p><b><u>Coding for Reader Recommendations</u></b>  <b>P = Parents/grandparents/guardians, all age levels</b>  <b>P-3 =Parents/guardians, infants and toddlers</b>  <b>P-5 = Parents/guardians for age 0 -5</b>  <b>P-6-12 = Parents/guardians age 6 and up</b>  <b>P-13+= Parents/guardians, teens and up</b>  <b>E = Educator</b>  <b>C = Caregiver/therapist/group homes/assisted apt/workshop, shelter</b>  <b>M= Medical professionals</b>  <b>PWS = Persons with PWS</b>  <b>S = Siblings</b>  <b>Q = Material is very graphic and may not be appropriate for new parents</b></p>				
P, E 219	<b>Behavior Management – A Collection of Articles</b> (2003) This booklet includes general articles on behavior concerns, use of psychotropic medications, skin picking, and social skills teaching. Softcover booklet, 49 pages	6.00	8.50		
P-3 227	<b>Child With Prader-Willi Syndrome: Birth to Three</b> (Revised 2004) by Robert H. Wharton, M.D., Karen Levine, Ph.D., Maria Fragala, PT, Deirdre C. Mulcahy, M.S., CC-SLP. This booklet discusses the common concerns of the first three years and offers specific recommendations for early intervention strategies. A helpful and positive resource for families, physicians, early intervention worker, and other care providers. Softcover, 34 pages	5.00	7.50		
P.C 233	<b>Cookbook</b> by Donna Unterberger. (2003) <b>Cookbook for the PWS Diet</b> filled with low-fat, low-sugar recipes designed to be used by the whole family. Great substitution list, fun snack recipes, mealtime tips, full nutritional values calculated for each recipe. Can be used by anyone wanting to lose weight while eating nutritious, interesting food.	15.00	20.00		
P-5 130.8	<b>Early Years Booklet</b> (1998) A collection of articles regarding young children with Prader-Willi syndrome--many from a parent's perspective. Softcover booklet, 37 pages	5.00	7.50		
E,P, C 224	<b>(Educator's Resource Packet) – Pupils Wanting Success::</b> Resources for Those Who Support Students with Prader-Willi Syndrome (2003) by Barbara Dorn and Barbara J. Goff, Ed.D. This packet is a resource for an educator that includes the <b>Teacher's Handbook for the Student with PWS</b> , an accompanying worksheet about PWS related issues and interventions for school staff as well as related <i>Gathered View</i> articles.	14.00	19.00		
E,P, C 232	<b>(Educator's Resource) only the Teacher's Handbook for the Student with PWS</b> (2003) from Educator's Resource Packet- The Student with PWS. A resource book for educators. Important for all who work with these students to gain knowledge about this disorder as well as the many factors that influence their learning. This resource manual will provide teachers with valuable information to assist in working with students of all abilities.	10.00	15.00		
P,C, M 228	<b>Everyone's Essential Almanac</b> (2006) – (replaces "Health and Medical Issues") A collection of articles for the individual with Prader-Willi syndrome. Softcover booklet, 119 pages.	8.00	10.00		
P,C, E 220	<b>Exercise and Crafts &amp; Activities – A Collection of Articles (1998)</b> Contributions by Jennifer C. Deau, M.S., Exercise Physiologist, and other articles on muscle tone, upper body strength, exercise, and crafts and activities for the individual w/PWS. Softcover, 44 pages	6.00	8.50		
P 128	<b>Growing Up with Prader-Willi Syndrome: Personal Reflections of a Mother.</b> (Revised 2003) A collection of 17 articles by Janalee Heinemann. Tips for managing family life on a practical level. Softcover booklet, 37 pages.	5.00	7.50		
P 123	<b>Handbook for Parents</b> by Shirley Neason, (Revised 1999) A comprehensive booklet, with pictures, that covers birth to adulthood. Parent-to-parent handbook for understanding and managing issues related to PWS. Softcover, 75 pages	7.00	10.00		
M,C, 100	<b>Management of Prader-Willi Syndrome, Third Edition, Springer – (2006)</b> Edited by Merlin G. Butler, MD, PhD, Phillip D.K. Lee, MD, and Barbara Y. Whitman, PhD, Hardcover, 550 pages. Latest edition of the only comprehensive textbook on PWS in print. Excellent reference tool for professionals and service providers.	50.00	75.00		

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P-6+ 120	<b>Michael and Marie (2003)</b> by Valerie Rush Sexton and Debbie Erbe Fortin, both teachers, and illustrated by Bonnie Branson. Addresses a void in the educational system as there are no story books about Prader-Willi syndrome. <b>The story is designed to be read to elementary school age children.</b> Classmates of special needs children need to be educated to understand and even help create a friendly and safe environment for all children.	8.00	10.00		
P-6+ 124	<b>My Daughter Has the Prader-Willi Syndrome – What do I do? (2003)</b> By Carlos Molinet Sepulveda. A Chilean father searches with love and perseverance for answers about his daughter, born in 1988 with PWS in a country with no knowledge or resources on PWS.	10.00	12.00		
P 108.1	<b>My Grandchild has Prader-Willi Syndrome: Now What? (2007 update)</b> Booklet written for grandparents by grandparents Barb McManus & Michele Leightman; softcover/16 pgs	5.00	7.50		
P-5 234	<b>My Ragdoll</b> by Cheryl Couch (2000) from a Christian perspective. Cheryl shares her emotional roller coaster when her angel Elana is diagnosed with PWS. From birth to age 6. Softcover, 229 pages	16.00	18.00		
P-3 105.2	<b>Nutrition Care for Children with PWS, Infants and Toddlers (Revised 2004)</b> by Janice Hovasi Cox, MS,RD and Denise Doorlag, OTR; consultants Dr. James and Carolyn Loker; edited by Linda Keder. Provides answers to frequently asked questions about nutrition and feeding of infants and toddlers with Prader-Willi syndrome. Softcover, 62 pages	7.00	10.00		
P-3+ 105	<b>Nutrition Care for Children with PWS, Ages 3-9 (Revised 2010)</b> by Karen H. Borgie, M.A., R.D., and Norma Terrazas, R.D., L.D. Covers calorie needs, supplements, diet planning and food management, and explains food exchange lists. Softcover, 12 pages.	3.00	5.50		
P-9+ 119	<b>Nutrition Care for Adolescents and Adults with PWS (2003)</b> by Karen H. Borgie, M.A., R.D., for the Prader-Willi California Foundation. Covers essential diet information for families, caregivers, and residential service providers. Softcover, 24 pgs	5.00	7.50		
P13+ 134	<b>Out of Childhood: Our Teens and Adults with Prader-Willi Syndrome (Revised 2004)</b> by Lota Mitchell, Mildred Lacy and Janalee Heinemann. A collection of resources and information to help guide parents of older children through new and continued challenges, such as living arrangements, physical development and sexuality, educational and vocational training. Softcover, 42 pgs	10.00	15.00		
P,E, C,M 101	<b>Overview of the Prader-Willi Syndrome (Revised 2003)</b> by Lota Mitchell, M.S.W. Short introduction to the syndrome for professionals and parents. Softcover, 13 pages.	4.00	6.50		
C,P 225	<b>Physical Therapy Intervention for Individuals with PWS</b> by Maria Fragala, PT; This booklet provides general information about physical therapy intervention. Includes copies of articles by Janice Agarwal, PT and mom of a son with PWS. Softcover, 11 pages	4.00	6.50		
P 218	<b>Planning for Their Future: General Estate and Guardianship Planning (1998)</b> Compiled by attorneys for general information and guidance for families of persons with PWS. Includes wills, basic estate plans, selecting a trustee, letter of intent, guardianship, glossary of estate planning terms, and more. Softcover booklet, 30 pages	6.00	8.50		
M, P,C 123.1	<b>Prader-Willi Syndrome A Guide for Families and Professionals (Revised 2005)</b> by Moris Angulo. 12-page paper containing comprehensive information about PWS including description, evaluation, genetics, diagnostic testing, management. (also available in Spanish)	2.00	3.00		
P13+ PWS C,E 135	<b>Prader-Willi Syndrome Is What I Have Not Who I Am! (2005)</b> A book of “feelings” written by children and young adults with PWS collected by Janalee Heinemann. This book gives an important insight into lives and thoughts of our people dealing with PWS on a daily basis. A portion of the book opens the door to journal writing and an opportunity for the reader with PWS to share their feelings. Softcover, 70 pages	10.00	15.00		
P,M, C,E 106	<b>Prader-Willi Syndrome Medical Alerts (revised 2009)</b> Important resource for parents to give to their child’s doctor, ER staff, caregiver, etc. A useful small-sized handbook, content written by our medical professionals. 20 pages. \$3.00 for single copy, <b>orders of 4 or more books at \$2.50 each. Shipping included</b>	3.00	3.00		
140 P,C, M	<b>Red Yellow Green: System for Weight Management (2005)</b> by Karen Balko, RD - This book will give you calories, cup sizes and visual tips to providing a structured food plan. A 7-day meal plan is included for 800, 1000, 1200 and 1350 calorie plans.	20.00	25.00		
P, S, 138	<b>See Me, Hear Me, I’m Here, Too (2006)</b> A book about siblings, for siblings, and by siblings who have a brother or sister with PWS. Softcover booklet, 76 pages	10.00	15.00		

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P 5+ S 121	<b>Sometimes I'm Mad, Sometimes I'm Glad – A Sibling Booklet</b> ( <i>Revised 2005</i> ) by Sarah Heinemann as told to her mother Janalee Heinemann. It is in the voice of a sibling of someone with PWS. Recognizes the range of feelings that arise in having a brother or sister with the syndrome. Ages 5 – 13	5.00	8.00		
P, C 103	<b>Supporting Adults with Prader-Willi Syndrome in Residential Settings</b> (2008) by B. J. Goff - Focus of the manual is primarily on group homes and their residential programs but the contents may also be used as part of a specialized training program in Prader-Willi syndrome. Required reading for all caregivers involved with clients with PWS. Soft cover booklet, 78 pages – Order 2 or more at \$12.00 each	15.00	15.00		
C, P13+ 240	<b>Supportive Living Care Plan for Adult with PWS in Placement – BOOK &amp; CD</b> (2002) This comprehensive book/CD will help you create a plan that is specifically designed to help staff and supportive personnel provide predictable, consistent, and accountable care and advocacy for the adult with PWS. This is available in both a notebook format and in a changeable CD format that can be adapted to explicitly meet the needs of each individual.	20.00	25.00		
P,C PWS 236	<b>Tool Box of Hope – For When Your Body Doesn't Feel Good</b> (2003) by Deva Joy Gouss. Fun and practical ways for parents and caregivers to help their child express their feelings, take medicine, get along with others, and make friends with their disability. Many coping skills put together in an interactive workbook. Ages 3 to adult.	10.00	15.00		
P, C 223	<b>Cards for Restaurants</b> Designed to be given out to restaurant wait staff (to ask that no extra food be offered). Pkg. 10 for \$4.00	4.00	4.00		
P, C 222	<b>Cards for Legal Situations – For Law Enforcement Personnel</b> (In case the police become involved in a behavior or food incident). Pkg. 4 for \$2.00	2.00	2.00		
<b>DVDs, CDs, &amp; Videos</b>					
P,C, PWS 968	<b>Rap CD featuring “I Ain't Trippin”</b> from the 2007 National Conference in Dallas, TX and <b>“My Name's Not Willy”</b> from the 2003 National Conference in Orlando, FL	5.00	5.00		
Q, P, C,E, M203	<b>A Deadly Hunger (DVD) – (2000)</b> Five part series of news segments spotlighting PWS. Overview of syndrome and stresses problems associated with appetite, obesity, and behavior.	20.00	25.00		
P,C, E,M 241	<b>Food, Behavior and Beyond – Practical Management for the Child and Adult with PWS (DVD)</b> (2005) by Linda M. Gourash MD, developmental Pediatrician and Janice L. Forster, MD, child and adolescent neuropsychiatrist. Suggestions on nutrition, food and behavior, cognitive and behavioral traits and medications; 5 segments – 2½ hours	25.00	30.00		
Q, P, C, E, M 206	<b>Leeza Show – “Food as an Ultimate Passion and Deadly Curse” –DVD</b> of broadcast 5/26/98. Sensitive interviewing of several families of children with PWS with weight and behavior problems and other issues. Note: predates wide use of growth hormone. (Price is suggested donation to offset reproduction costs.) 41 minutes	15.00	20.00		
Q, P13+ C, E 214	<b>Maribel – (2004) DVD</b> of a family's struggle with their adult daughter with PWS. Produced by Mercedes Rivera, sister of Maribel, and Albert Salaz. Helpful for families with placement needs who need to show dramatic impact. (29 minutes)	20.00	25.00		
Q, P13+ C, E 214.1	<b>Maribel in Placement – (2008) DVD</b> showing brief excerpts from the original struggle when Maribel was living at home, and the vast improvements due to an appropriate placement. Helpful for families with placement needs. Produced by Mercedes Rivera, sister of Maribel, and Albert Salaz (10 minutes)	8.00	10.00		
M,C 211	<b>Prader-Willi Syndrome – An Overview for Health Professionals (2004) DVD</b> This outstanding medical overview is a must for all health care professionals who are not “experts” on Prader-Willi syndrome. It deals with all the major genetics and health care issues of the child with PWS. 35 minutes	15.00	20.00		
P,E 205	<b>“Searching for Solutions” (2000)</b> Multi-purpose DVD created by award winning producers and graphic artists. Touches on many areas of PWS, such as what it is, its cause, behavior, emotional and family issues, early intervention, residential placement. 16 minutes	15.00	20.00		
C 207	<b>Staff Training – “Understanding Prader-Willi Syndrome” DVD</b> - Good practical advice for individuals who work with persons who have PWS. Designed to train service provider staff on the needs of individuals with PWS. 18 minutes	10.00	15.00		

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P,E,C 212	<b>“Tribute to PWS Children from Around the World” DVD</b> produced by Mark Ryan, parent. Beautiful pictures of children with PWS of all ages set to music. 10 minutes	10.00	10.00		
E, C, P 242	<b>Understanding the Student with PWS: Strategies for Success (DVD) – (2006)</b> Provides teachers with an introduction and overview of issues associated with PWS; strategies school staff can use in supporting success of a student with PWS in their classroom <b>* Special Promo: DVD + Educator’s Handbook (#232) for \$28.00 – Order #243</b>	20.00	20.00		
P,E, PWS C 967	<b>Working Out – Big Willy Style (2005) DVD</b> by Tad Tomaseski and crew. A workout designed for a person with PWS. It has been designed to strengthen all muscle groups and increase cardio-muscular capacity...and it is fun! A second DVD is in the works for the more obese, less mobile person with PWS.	15.00	20.00		
P, E, C, M For all	<b>Brochures</b> <b>(Also available as handout on website in “Members Only”)</b> (Single copies are FREE) <b>Multiple-copy prices: \$0.25 each for 2–20; \$0.20 each for 21–100; \$0.15 each for more than 100</b>				
112.5	<b>Helping with Diet Management - Children with Prader-Willi Syndrome at School</b> A guide for parents and educators.				
116	<b>Management of PWS in the Work Setting: A Guide for Employers and Supervisors</b> Emphasizes careful supervision and consistency as keys to success; includes tips and strategies and a brief overview of the syndrome.				
110.2	<b>Medical Reference Guide: A Diagnosis and Reference Guide for Parents &amp; Caregivers</b> Summary in chart form for parents and caregivers who need a quick introduction to PWS.				
111	<b>Prader-Willi Syndrome Weight &amp; Behavior Management</b> Suggested Do’s and Don’ts for controlling the two major problems associated with PWS.				
109	<b>Someone You Know Has PWS</b> Basic information for relatives, friends, neighbors, and others in contact with people with PWS.				
114	<b>Speech and Language and Prader-Willi Syndrome</b> Summarizes speech problems associated with PWS and recommends ways to locate a speech-language pathologist to assist a child of any age.				
107	<b>Questions and Answers on Prader-Willi Syndrome</b> Basic information about PWS for anyone unfamiliar with the syndrome.				
113	<b>What Educators Should Know about PWS</b> Offers guidelines and strategies for helping the student with PWS stay focused, develop skills and knowledge, and minimize problems associated with the syndrome in the school setting.				
	<b>Literatura en Español</b> (B) Precio de FOLLETO una copia es gratis. Mas de una copia el precio de: 2 a 20; el precio es : \$0.25 de 21 a 100; el precio es \$0.15)				
P,C, E,M 241	<b>Food, Behavior and Beyond – Practical Management for the Child and Adult with PWS (DVD) (2005)</b> by Linda M. Gourash MD, developmental Pediatrician and Janice L. Forster, MD, child and adolescent neuropsychiatrist. Suggestions on nutrition, food and behavior, cognitive and behavioral traits and medications <b>SPANISH SUBTITLES; 5 segments – 2½ hours</b>	25.00	30.00		
110.3	<b>(B) FOLLETO – UNA GUIA DE REFERENCIA MEDICA</b> Summary in chart form for parents and caregivers who need a quick introduction to PWS. ( <i>Medical Reference Guide: A Diagnosis and Reference Guide for Parents &amp; Caregivers</i> )				
111.1	<b>(B) FOLLETO – EL SINDOME PRADER-WILLI CONTROL DE PESO Y COMPORTAMIENTO.</b> Sugestiones de lo que se debe hacer y no hacer para controlar los mayores problemas asociados con PWS ( <i>Prader-Willi Syndrome Weight &amp; Behavior Management</i> )				
107.1	<b>(B) FOLLETO- PREGUNTAS Y RESPUESTAS SOBRE EL SINDROME PRADER-WILLI</b> ( <i>Questions and Answers on Prader-Willi Syndrome</i> )				

Mail order form with payment to:

**PWSA (USA), 8588 Potter Park Drive, Suite 500, Sarasota, FL 34238**

**Or fax charge orders to: (941) 312-0142**

**For additional information: (800) 926-4797 or (941) 312-0400**

**All Orders Are Shipped Via USPS - Please Call for Shipping Costs for Expedited Shipping  
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***IF TOTAL ORDER IS FOR ONE DVD ONLY, SHIPPING CHARGE WILL BE ONE LEVEL LOWER***

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<b>USA Shipping &amp; Handling Charges</b> <b>First Class and Priority Mail (depending on weight of order)</b> \$5.00 for orders up to \$24.99  \$10.00 for orders \$25.00–\$99.99  Orders over \$100 - To be determined when placing order	
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<b>International Shipping &amp; Handling Charges</b> Shipping charges to be determined at time of placing order based on weight and type of delivery. Please call Cindy at (800) 926-4797.	
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<b>Card #:</b>	<b>Exp Date:</b> <b>Security #:</b>
<b>Name (as it appears on card):</b>	
<b>Signature:</b>	